# SUBSTANCE OVERDOSE / POISONING / EXPOSURE TO TOXIC CHEMICALS

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Date 11/86
Revised 4-19-04

## **ACTION/TREATMENT:**

- · Ensure personal safety.
- Separate patient from causative agent.
  - Victim's clothing should be removed and isolated by personnel wearing proper personal protective equipment.

### NOTES:

- Decontamination may delay ALS interventions and must be guided by qualified personnel
- Victims should be decontaminated prior to transport whenever possible.
- ABCs/monitor cardiac rhythm.
- Check pupil size.
- · Spinal immobilization if indicated.
- IV access, rate titrated to perfusion as needed.

## > Suspected narcotic overdose:

- Naloxone in patients with evidence of narcotic use and respirations < 12/min.
  - Titrate to an adequate respiratory rate/tidal volume, and a responsive patient without signs of withdrawal:
    - 0.8, 1 or 2 mg IM, may repeat once.
    - Alternative: 0.4-1 mg IVP, every 2-3 minutes prn. (May consider 4 mg ET once in selected cases.)

# Pediatric Patients:

- Naloxone for suspected narcotic overdose.
  - Titrate to age appropriate respiratory rate (See I-20) and awake responsive patient without signs of withdrawal:
  - 0.1 mg/kg IM to a maximum dose of 1 mg, may repeat once.
  - 0.1 mg/kg IVP every 2-3 minutes as needed to maximum of 1 mg per dose.

# > Suspected organophosphate poisoning:

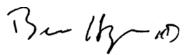
- Atropine:
  - 2-5 mg IVP or per BH. Repeat 1-2 mg IVP as needed
  - 2 mg IM, repeat as needed, if no IV or if Mark I kit used.

### Pediatric Patients

Atropine: 0.05 mg/kg IVP or BH order, minimum dose of 0.1 mg IVP

Shaded text indicates BH order
Unshaded text indicates standing order

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### > Suspected Tricyclic OD:

- Hyperventilation if intubated.
- NaHCO<sub>3</sub>: 1 mEq/kg IVP.
- Pediatric Patients:
  - NaHCO<sub>3</sub>
     1 mEq/kg IVP.

# > Suspected CO poisoning:

- 100% high flow oxygen via non-rebreather mask.
- Consider PRC with hyperbaric chamber for selected symptoms:
  - Coma
  - Severe neurologic deficits secondary to exposure

# > Suspected extrapyramidal reaction:

Diphenhydramine: 25-50 mg IVP or deep IM

• Pediatric Patients:

Diphenhydramine: 1 mg/kg IVP or deep IM.

### Suspected nerve agent exposure:

- Mild/Moderate Symptoms:
  - Mark I kits (Atropine 2 mg auto-injector and pralidoxime 600 mg auto-injector)
    - 1-2 Mark I kits, IM at 10 minute intervals. Maximum 3 Mark I kits.
  - If Mark I kits not available:
    - Atropine: 2-4 mg IM/IV at 10 minute intervals as needed.
- Severe Symptoms:
  - Mark I kits (Atropine 2 mg auto-injector and pralidoxime 600 mg auto-injector)
    - 3 Mark I kits, IM in rapid succession.
  - If Mark I kits not available:
    - Atropine: 6 mg IM/IV repeat as needed.
- **Elderly Patients (> 65 years of age) or those with underlying cardiovascular or renal disease:** 
  - Atropine: 1.0 mg IM. Repeat doses may be given at base direction; IM or IV
  - Pralidoxime (2-PAM, Protopam): 7.5 mg/kg IM, maximum of 600 mg (one auto-injector) per dose.

Note: Elderly patients must weigh at least 80 kg to receive 1 auto-injector of pralidoxime IM.

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Treatment Guidelines:medical:M-50 Implementation Date: 4-19-2004

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### > Suspected nerve agent exposure (continued):

> Pediatric Patients (< 12 years):

Atropine0.5 mg IM.>2-12 years:0.5 mg IM.1.0 mg IM.

0.02 mg/kg IVP, minimum of 0.1 mg IVP

- Pralidoxime (2-PAM, Protopam):

20 mg/kg IM or IVP.

Note: Pediatric patients must weigh at least 30 kg to receive 1 auto-injector IM.

#### Notes:

- If pralidoxime (2-PAM, Protopam) powder 1 Gm for reconstitution is available:

  Reconstitute as directed by Base Hospital or use 20 mL sterile water without preservative to produce a concentration of 50 mg/mL.
  - ◆ Adult Patients: 1 Gm over 30 minutes IV or 600 mg-1 Gm IM in divided injections if necessary.
  - ♦ Elderly Patients: 7.5 mg/kg IM or IV. Maximum IV dose is 1 Gm over 30 minutes. May repeat once in one hour.
  - Pediatric Patients: 20 mg/kg IM or IV. Maximum IV dose is 1 Gm over 30 minutes. May repeat once in one hour.
    - Use auto-injectors for initial atropine doses if Mark I kit used.
    - If hypoxia is present, give first dose atropine IM.
    - Adjust atropine dose to respiratory secretions and ease of ventilation.
    - The elderly require less atropine and pralidoxime.
    - Midazolam (or diazepam auto-injector) may be used cautiously if seizures are not controlled by atropine.

#### Suspected cyanide intoxication:

- Conscious victims do not need field antidotes; high flow oxygen is sufficient.
  - ■100% high flow oxygen via non-rebreather mask if possible.
  - Mouth-to-mouth and mouth-to-device ventilation is contraindicated due to potential for secondary contamination. Use only mechanical devices.
- Unconscious victims, or those who are or severely affected (e.g., severe dyspnea, severe hypotension):
   Sodium Thiosulfate 25%, 50 mL (12.5 gm) IVP
- Pediatric patients:
  - Sodium Thiosulfate 25%, 1.6 mL/kg IVP.

#### Notes:

- Monitor possible stimulant users for hyperthermia.
- Antidotes may be ordered at BH physician discretion.

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